

DEXA Scan Referral Form (for doctors)

For GMC-registered doctors referring adults (aged 18 and over) for a DEXA scan. Please complete the form yourself; incomplete forms will delay the scan. Fields marked * are required. Email the completed form to info@thehealthsuite.co.uk (from NHSmail, type [secure] in the subject line).

1. Patient details			
Full name *		Date of birth * dd/mm/yyyy	
Address *		Postcode *	
Phone *		NHS number (optional)	
Email *		Sex registered at birth *	☐ Female ☐ Male

We use the patient's phone number and email to contact them to book the scan and take payment.

2. Examination requested (tick all that apply)	
☐ Bone density with trabecular bone score (TBS): lumbar spine L1–L4 and hip/s	£195
☐ Add vertebral fracture assessment (VFA): same appointment, only with a bone density scan	+£75 (bone density + TBS + VFA £270)
☐ Body composition (whole body: fat, lean mass, visceral fat, regional)	£150
☐ Complete DEXA Assessment: bone density + TBS + body composition	£275 (£350 with VFA)
☐ Forearm, only where the spine or hip cannot be measured (e.g. bilateral hip replacements, spinal metalwork, hyperparathyroidism, weight over the table limit)	
Reason:	

All DEXA scans are currently self-pay. The patient pays The Health Suite directly: once the referral has been reviewed, we contact the patient to confirm the price, book the appointment and take payment. Prices from October 2026. Body composition DEXA is not offered as a fitness or wellness measurement without a clinical question.

3. Clinical indication (tick all that apply)	
Bone density, TBS and VFA ☐ Previous fragility fracture Site and date: ☐ Oral glucocorticoids for 3 months or more at 5 mg prednisolone a day or more (or equivalent) ☐ Early menopause (before age 45) or hypogonadism ☐ Aromatase inhibitor therapy ☐ Androgen deprivation therapy ☐ Malabsorption, coeliac disease or inflammatory bowel disease ☐ Hyperthyroidism or hyperparathyroidism ☐ Rheumatoid arthritis or other inflammatory arthritis ☐ Low BMI (under 18.5 kg/m²) or history of an eating disorder ☐ FRAX or QFracture result in the assessment range Tool and score: ☐ Monitoring of osteoporosis treatment Drug: Start date: ☐ Height loss of 4 cm or more, or kyphosis (VFA)	Body composition ☐ GLP-1 medication with significant weight loss ☐ Rapid weight gain or loss ☐ Metabolic dysfunction ☐ Testosterone replacement therapy (TRT) ☐ Hormone replacement therapy (HRT) ☐ Sarcopenia (adults over 60) ☐ Other Details:
Clinical question the scan should answer *	
Relevant history and examination findings (include height and weight if known)	
Family history (e.g. parental hip fracture, osteoporosis)	

4. Relevant previous imaging			
Previous DEXA scan *	☐ No ☐ Yes ☐ Not known	Date of last DEXA dd/mm/yyyy	
Where it was done		Result if known (e.g. lowest T-score and site)	

We can only compare with a previous scan carried out on The Health Suite's scanner. Reports on patients previously scanned elsewhere will not include a comparison with that scan.

Other relevant imaging, with dates (e.g. spinal X-ray, CT or MRI showing vertebral fracture or reduced bone density)	
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5. Current medicines relevant to bone	
Medicines, doses and start dates (e.g. bisphosphonate, denosumab, HRT, glucocorticoids, calcium and vitamin D). Write "None" if none. *	

6. Safety		
Question	Answer	What happens
Could the patient be pregnant? *	☐ Not applicable ☐ No ☐ Possibly	If pregnancy is possible, the scan will be delayed. We check pregnancy status on the day.
Barium study, CT or MRI contrast, nuclear medicine or PET scan in the last 14 days? *	☐ Yes ☐ No	If yes, the scan is delayed until 14 days have passed.
Weight over 227 kg (35 st 10 lb), the scanner table limit? *	☐ Yes ☐ No	If yes, please phone us before referring. Only a forearm scan may be possible.
Can the patient transfer to the scanner table independently and lie flat and still for 10–15 minutes? *	☐ Yes ☐ No	If no, please phone us to discuss before referring.
Hip replacement *	☐ None ☐ Left ☐ Right ☐ Both	Tells the radiographer which hip to scan.
Spinal metalwork or other spinal implant (e.g. fixation, vertebroplasty) *	☐ Yes ☐ No	Tells the radiographer and radiologist which levels to exclude.
Details and levels:		
☐ I confirm the patient is aged 18 or over. We do not scan anyone under 18. *		

7. Report

Results are always sent to you, the referrer, at the secure email address in section 8, from our dedicated secure DEXA mailbox. Bone density, VFA and Complete DEXA Assessment scans are reported by a consultant radiologist. A standalone body composition scan is not radiologist-reported: you receive the scan printout, checked by a THS doctor. A THS clinician checks every report and printout before release so that anything needing prompt attention is acted on; this is not a results consultation. The patient also receives the scan printout and any report by secure link.

Copy the report to the patient's GP? *		☐ Yes ☐ No ☐ I am the patient's GP	
GP name		Practice name and address	
☐ I have explained the reason for this scan to the patient. The patient agrees to this referral, to The Health Suite contacting them to book and take payment, and to the report being shared with me and, if requested above, with their GP. *			

8. Referrer declaration

Referrer name *		GMC number *	
Specialty / role *		Phone *	
Organisation and address *			
Secure email for the report (e.g. nhs.net) *			
☐ I am a GMC-registered doctor. I completed this form personally; it has not been delegated to administrative staff. The information is accurate to the best of my knowledge. *			
Signature *		Date * dd/mm/yyyy	

Signature: sign by hand, add an electronic signature, or type your full name when sending from your own secure email account. To amend or cancel this referral, phone 0116 241 0010, then confirm in writing by email to info@thehealthsuite.co.uk.

How we use this form

A Health Suite doctor reviews every referral against our DEXA referral guidelines, as required by the Ionising Radiation (Medical Exposure) Regulations 2017. We may contact you for more information, and we may decline a scan that is not clinically justified. If we decline, we will tell you and the patient.

Privacy: The Health Suite Limited uses the information on this form to assess the referral, carry out the scan and send the report. It is kept in the patient's clinical record at The Health Suite and shared with the consultant radiologists who report the scan, and otherwise only as set out on this form or as the law requires. Our privacy notice is at thehealthsuite.co.uk.

How to send: email the completed form to info@thehealthsuite.co.uk. From an NHSmail account, type [secure] in the subject line so that the email is encrypted. If you complete a printed copy, scan it and email it in the same way.